



**Beaumont
Primary
School**

A Learning Community Partnership

Policy for Sex and Relationship Education



Beaumont Primary School

Sex and Relationship Education Policy

1. Description of School

Beaumont School is a community school. It caters for children in the four to eleven age range. The school has accommodation for 210 children spread over seven classes. Being small in number, we are able to have a family, community atmosphere and taking into account the educational needs of the children.

We aim to encourage children to achieve their full potential in social, spiritual, moral and cultural education. Inclusion for all to learn and achieve, regardless of race, faith, gender, ability or special needs, including disability.

We recognise the partnership of home and school, of parent and teacher, in this important area of personal development.

2. What Is Sex and Relationship Education?

The Sex and Relationship Education will reflect the school ethos and demonstrate the values. It is about physical, moral and emotional development.

Sex and Relationship Education has three main elements:

- 1 Attitudes and Values
 - Learning the importance of values and moral considerations
 - Learning the value of family life and stable relationships
 - Learning the values of love, respect and care
- 2 Personal and Social Skills
 - Learning to manage emotions and relationships confidently and sensitively
 - Developing empathy and self-respect
 - Learning to make choices without prejudice
 - Appreciating the consequences of choices made
 - Managing conflict
 - Recognising and avoiding exploitation and abuse
- 3 Knowledge and Understanding
 - Learning about and understanding physical development
 - Understanding human sexuality, reproduction, sexual health, emotions and relationships

3. The Philosophy of the School

It is the philosophy of Beaumont Primary School that all children experience a planned programme of sex and relationship education that offers them the opportunity to explore attitudes and values, and develop personal and social skills, as well as learning the facts necessary for life. Also enjoying confidence in one's own ability. It teaches children to develop an awareness of, and respect for, themselves and others. It aids the development of positive self-esteem, which will help children to cope with the challenges of personal growth. It enables children to be aware of the personal choices they can make and prepares them to make responsible decisions.

4. Aims and Objectives

- To reassure children of their value and self-worth, including aspects of dignity, self-respect and self-restraint
- To nurture a responsible attitude towards personal relationships, such as aspects of mutual respect and care, and to develop sensitivity towards the needs of others encompassing fidelity and loyalty
- To foster the ability to manage relationships in a responsible and healthy manner
- To promote the value of loving relationships and of family life

- To provide knowledge of human reproductive processes
- To inform children on matters of personal hygiene and related health issues
- To encourage exploration of values and moral issues, taking into account the physical and moral risks associated with certain behaviour
- To educate against discrimination and prejudice
- To empower children to make informed choices about their developing sexuality

This Policy Supports the Following School Policies

- Equal Opportunities
- Racial Equality
- School Discipline / Behaviour
- Health and Safety
- Personal, Social and Health Education and Citizenship

5. Areas of Responsibility

Governors

- To ensure the legal framework is followed
- To consult with parents on the determination of the school's sex and relationship education policy
- To make copies of this statement available for inspection by parents of pupils registered at the school and provide a copy to any parent who requests one
- To include a summary of the content and organisation of sex education in the school prospectus

Headteacher

- To implement the Sex and Relationship Education Policy
- To ensure policy is followed
- Responsibilities of the Headteacher to ensure that both staff and parents are informed about the Sex and Relationship Education Policy
- To liaise with Governors on the teaching in school
- To ensure the policy is reviewed annually
- To ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity, if applicable
- To respond to individual problems experienced by children, enlisting external agency support if appropriate

Class Teacher

- To prepare long and short-term plans to include Sex and Relationship Education in the curriculum
- To ensure the correct resources are available
- To respond to the individual needs of children, giving relevant support should a child be experiencing difficulties

Outside Agencies

- To give support throughout the school, where appropriate

The Inclusion Manager

- To assist in the development of the school's policy concerning the welfare and educational needs of all children at Beaumont Primary School
- To take advice from all appropriate sources and, where necessary, adapt the policy to meet each individual child's needs

6. Organisation of School Sex and Relationship Education

Who Will Teach It?

Class Teachers teach the SRE curriculum but where appropriate outside agencies will be asked to support and enhance a programme, e.g. School Nurse, Life Education Centre.

Methodology and Approach

There will be a whole school approach from Reception to Year 6. The subject will be taught in a cross-curricular way, encompassing all the elements within Personal, Social, Citizenship and Health Education topics.

Dealing with Sensitive Issues

Governors and Class Teachers are in agreement that Class Teachers should answer all children's questions relating to sex and relationship education in an open and factual way, taking into consideration the family background, culture, religious beliefs, and pupils' differing experiences. The Governors expect Class Teachers to use their professional judgement and discretion when faced with, or answering, questions which they deem to be of a sensitive nature.

The following ground rules have been established:

- Class Teachers should not enter into discussions about personal issues and lifestyles
- No one (child or adult) has to answer a personal question
- Nobody is forced to take part in discussion
- In discussion, Class Teachers will promote the knowledge and use of 'accepted' names of body parts
- Meanings of words are explained in a sensible and factual way

7. Beaumont Primary School Sex and Relationship Education Programme

The school has adopted the Croydon SRE Scheme of Work.

The Sex and Relationship Education programme will:

- Provide information which is easy to understand and relevant and appropriate to the age and maturity of the pupils
- Include the development of communication and social skills
- Prepare pupils to play an active role as citizens

Through Sex and Relationship Education, the children should:

- Develop confidence in talking, listening and thinking about feelings and relationships
- Be able to name parts of the body and describe how their bodies work
- Be able to protect themselves and ask for help and support
- Be prepared for puberty

Within the Science Curriculum, the children should:

Key Stage 1

- Know that all creatures, including humans, move, feed, grow, use their senses and reproduce
- Recognise the main external parts of the bodies
- Know that humans and animals can produce offspring, which grow into adults
- Recognise the similarities and differences between themselves and others, and treat others with sensitivity

Key Stage 2

- Know that the life processes common to humans and other animals include nutrition, growth and reproduction
- Know about the main stages of the human life cycle

8. Assessment

Assessment will take the form of self-assessment, e.g. pupil questionnaires, peer assessment, and informal teacher assessment. Assessment will be a continuous process and Class Teachers use the assessment guidance in the Croydon SRE Scheme.

Children who are absent on a day when SRE is taught will be encouraged to complete the work at a later date.

9. Specific Classroom Arrangements

When planning lessons, Class Teachers should consider appropriate grouping in respect of pupils with needs and age.

10. Monitoring

As part of the school's approach to curriculum planning, the staff plan for SRE as part of a cross-curricular approach and record it on the long-term and medium-term plans within Science and / or PSHCE schemes. Regular reviews of its coverage take place with the whole staff to ensure the quality of the provision for SRE across the school.

11. The Primary / Secondary Transition Year

The transition year, before pupils move to Secondary School, is considered a crucial one at Beaumont Primary School. The school supports pupils' emotional and physical development.

12. Child Withdrawal Procedures

Sex education is taught across the Science National Curriculum, which is statutory, and it is not possible to separate all the sex and relationship education lessons. However, before specific lessons are taught in Year 5, parents will be notified in advance and will have the opportunity to attend a parents' meeting prior to the lessons, to have a clear understanding of the content. If parents wish to withdraw a child, they should discuss their concerns with the Headteacher.

13. Equal Opportunities

In support of the Equal Opportunities Policy, all Beaumont Primary School pupils, regardless of age, ability, gender or race, have the same opportunity to benefit from the sex and relationship resources and teaching methods.

14. Working with Parents

Beaumont Primary School seeks to work in partnership with parents through consultation and support. Parents are vital in teaching children about sex and relationships, maintaining the culture and ethos of the family, helping children to cope with the emotional and physical aspects of growing, and preparing them for the challenges and responsibilities that sexual maturity brings.

The school provides support to parents in helping children learn the accepted names of the body, talking with the children about their feelings and relationships, and answering questions about growing up.

The policy is available in school for parents to read.

Policy of Equality Statement

The Board of Governors and School is committed to a policy of equality and aims to ensure that no employee, job applicant, pupil or other member of the school community is treated less favourably on grounds of sex, race, colour, ethnic or national origin, marital status, age, sexual orientation, disability or religious belief.

Date: Summer Term 2018

Renewal Date: Summer Term 2020

Appendix 1

Content for Key Stage 1 and 2

At Beaumont Primary School, the Scheme of Work for Sex and Relationship Education is taught under the following headings. Progression and continuity are built into the programme from Reception to Year 6.

Relationships

1. Myself as an individual

- Loving, caring and supportive relationships and family life
- Exploring and expressing feelings and emotions
- Who cares for me?
- Secrets
- Promoting self-image

2. Myself and my friends

- Friends and friendships
- Keeping safe
- Feelings

3. Myself and the wider community

- Living and working together
- Safety
- Similarities and differences
- Valuing
- Celebrating the fact that everybody is unique

Family Life

1. Family patterns

- Identifying key members of a family and special people in life
- Describing the different roles of individuals in a family
- Knowing that there are different types of family
- Distinguishing between family and friendly relationships
- Life cycles, birth, parenthood, childhood and adulthood

2. Family responsibility

- Birth and marriage
- Parental care
- Family units
- Working and playing together

3. Family emotions

- Identifying, discussing and expressing emotions
- Exploring parental love
- Understanding loss and separation
- Interpreting visual signs of emotion

Growth and Development

1. Self-Awareness

- Myself as an individual
- Gender issues
- Stereotypes
- Physical and emotional change
- Exploring developing responsibility

2. Physical change

- Understanding life cycles
- Charting growth
- Exploring change
- Looking after my body
- Changes in puberty (Years xx only)
- Sexual reproduction

3. New life

- New life
- Conception and birth
- Care and responsibility